

**May 2026**

National Partners &  
other Local Sessions

**MON  
18**

**08.30**  
online

Self Awareness - Who You Are ≠ Who  
You Think You Are. **D4S**

**10.00**  
online

Social Media Essentials: Instagram  
**Business Gateway**

**12.00**  
online

FLIP-It Thinking for Learning: Business  
Readiness, Resilience & Curiosity.  
**Laughology**

**TUE  
19**

**09.30**  
online

How to Build Your Brand  
**Business Gateway**

**10.00**

Coffee & Connections Faldonside  
**Scottish Borders Chamber of Commerce**

**13.00**  
online

How to Generate & Increase Sales  
**Business Gateway**

**13.00**  
online

Reaching the Uncomfortable  
Comfort Zone **D4S**

**13.00**  
online

Think Better, Adapt Faster: Building  
Skills for Modern Work  
**Agile Business Consortium**

National Partners &  
**May 2026** other Local Sessions

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- WED  
20**
- 08.30** Learning to Learn, Properly. *D4S*  
online
  - 10.00** Social Media Essentials: Facebook  
online *Business Gateway*
  - 13.00** Enter AI: Rethinking Learning at Work  
online *D4S*
  - 13.00** HR: The Essentials for Running a Business  
online *Business Gateway*
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- THU  
21**
- 08.30** Bring the Play Into Your Day, Problem Solving & Connection at Work *D4S*  
online
  - 13.00** The Danger of Being Right *D4S*  
online
  - 13.00** How to Deliver Low Cost, High Impact Marketing. *Business Gateway*  
online
  - 14.00** Reducing Bias At Work *Elisha*  
online
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- FRI  
22**
- 10.00** Business Expenses: What Can I Claim?  
online *Business Gateway*